

## Katherine - Tria Health Patient Pharmacy Advocate Program



### Katherine's Health Profile

- 8 Rx Medications
- 2 Over-the-Counter
- 2 Vitamin/Supplement
- 3 Physicians
- 3 Chronic Conditions

### PROBLEM: DUPLICATE DRUG THERAPY

While conducting a consultation with a 51 year old patient with COPD, high blood pressure and bipolar disorder, it was discovered the patient was taking Advair and Symbicort twice daily for COPD. These medications are within the same class and should not be used together. Tria Pharmacist outreached to the patient's primary care physician and discovered that both the PCP and the patient's pulmonary doctor were prescribing medications for COPD and this caused the mistake in duplication of therapy.

### IMPROVED HEALTH OUTCOMES

The Tria Health pharmacist discussed the changes with the patients physician and informed the patient of the duplication. The patient quit filling their Advair prescription saving the patient and the plan money.

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members and your bottom line!  
Find out more. Contact Tria Health:

1.888.799.8742  
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