

Cory - Tria Health Patient Pharmacy Advocate Program



Cory's Health Profile

- 10 Rx Medications
- 2 Over-the-Counter
- 1 Vitamin/Supplement
- 3 Physicians
- 2 Chronic Conditions

PROBLEM: DOSE TOO HIGH, COMPLIANCE

A patient with asthma and insulin dependent diabetes (type I) was taking Lantus insulin, 25 units once daily, for their diabetes. The patient reported recently being found unconscious due to low blood sugar levels and was transported to the emergency department via ambulance. Their blood sugar was corrected in the emergency department. At the time of the consult with Tria, the patient had not made any adjustments to her Lantus dose and she continued to have dangerous blood sugar readings of less than 50 mg/dl (goal 80-110 mg/dl). Tria spoke with the patient at length regarding the danger of hypoglycemia and the urgent need to adjust her insulin dosing to prevent another hypoglycemic episode leading to an ER visit or hospitalization. Tria contacted her physician and her Lantus dose was decreased to 15 units daily.

OUTCOMES

Upon follow up with the patient, the patient had reached goal with her blood sugar levels (ranging from 90 - 120 mg/dl) and was feeling much better.

Improve the health of your
members and your bottom line!

Find out more. Contact Tria Health:

1.888.799.8742

triahealth.com