

## Joe - Tria Health Patient Pharmacy Advocate Program



### Joe's Health Profile

- 3 Rx Medications
- 1 Over-the-Counter
- 2 Physicians
- 3 Chronic Conditions

### PROBLEM: DOSE TOO LOW

A 59 year old patient with high blood pressure, high cholesterol, and recent pulmonary embolism (PE) (blood clot in the lung) had an appointment the Tria Health. The patient reported being seen in the emergency department 3 weeks prior and was diagnosed with a pulmonary embolism. Upon discharge, he was prescribed Eliquis 5mg twice daily to prevent a recurrent PE. Upon questioning, the patient was adamant that they were supposed to be taking the Eliquis once daily. This is an unapproved dose for prevention of PE and put the patient at a high risk for a recurrent event. The Tria Pharmacist contacted the treating physician and confirmed that the dosing should be twice daily. Tria and the physician's office contacted the patient to correct his dosing to twice daily.

### OUTCOMES

Ensuring proper dosing and treatment for PE significantly reduces the risk for subsequent events. The patient, who was convinced they were right, values the expertise provided by the Tria Health pharmacist.

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members and your bottom line!

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1.888.799.8742

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