

Barbara - Tria Health Patient Pharmacy Advocate Program Annual Savings — \$8,618

PROBLEM: Adverse Drug Reaction & Different Drug Needed

A patient with a history of poorly controlled diabetes, depression, GERD, fibromyalgia, hypothyroidism and restless leg syndrome had a consultation with Tria Health. At the time of the consultation, the patient was using Tresiba and Humalog insulin as well as Farxiga and Januvia for diabetes. Despite this complicated and expensive regimen, the patient's HbA1C was not at goal at 9.2%.

The patient had also been experiencing multiple yeast infections in the preceding months which is a known complication of Farxiga therapy. The Tria Pharmacist developed a care plan with the patient to focus on dietary modification, insulin adjustments, and discontinuation of Farxiga and Januvia. Farxiga was discontinued due to side effects and Januvia discontinued due to lack of benefit in glucose lowering for someone already on insulin. Tria Health contacted the primary physician on behalf of the patient and the physician agreed with Tria Health's recommendation.

OUTCOMES

Tria Health followed up with the patient numerous times over the next 6 months. After that time, the patient's HgA1C was down to 7.2% which is within normal range and the patient reported adherence with insulin and diet.

FINANCIAL SAVINGS

Plan Benefit	Annual Savings
Farxiga Drug Discontinuation	\$4,389
Januvia Drug Discontinuation	\$4,047
Outpatient Visit Avoided	\$182



Barb's Health Profile

- 12 Rx Medications
- 4 Over-the-Counter
- 1 Vitamin/Supplement
- 5 Physicians
- 5 Chronic Conditions

Improve the health of your members and your bottom line!
Find out more. Contact Tria Health:

1.888.799.8742
triahealth.com