

Tom - Tria Health Patient Pharmacy Advocate Program



Tom's Health Profile

- 5 Rx Medications
- 2 Over-the-Counter
- Several Supplements
- 4 Physicians
- 3 Chronic Conditions

PROBLEM: DUPLICATE THERAPY

A 62 year old patient with diabetes, high cholesterol, and high blood pressure had an initial consultation with Tria Health. The patient was taking Simvastatin and Niacin ER for high cholesterol. Based upon their cholesterol panel, Tria Health did not feel that Niacin treatment was necessary as this medication does not significantly lower the risk for cardiovascular disease. Tria Pharmacist recommended to increase the dose of simvastatin and discontinue niacin therapy. Primary care physician agreed with these recommendations and stopped niacin. A follow up appointment revealed the patient was doing well.

IMPROVED HEALTH OUTCOMES

The patient was taking two different medications that produce the same result. The recommendation was approved by the physician.

Improve the health of your
members and your bottom line!

Find out more. Contact Tria Health:

1.888.799.8742

triahealth.com